

# BISTRO

## Menu

A UNIQUE DINING EXPERIENCE FOR THE ENTIRE FAMILY AT FULLER SPORTS CLUB!

**OPEN 7 DAYS A WEEK**

Available Lunch 11.30am – 2pm | Dinner 5pm – 9pm

PLEASE ASK ONE OF OUR FRIENDLY STAFF IF YOU HAVE ANY QUESTIONS.

### Lunch Only

	(M)	(NM)
<b>STEAK SANGA</b> Rib fillet, lettuce, tomato, beetroot, caramelised onion and cheese, with BBQ and aioli sauce, served with chips	19.90	22.90
<b>BEEF BURGER</b> Beef patty, caramelised onion, cheese, lettuce, tomato, beetroot, chipotle and lime mayo and served with chips	19.90	22.90
<b>SCHNITZEL BURGER</b> Panko crumbed chicken breast, avocado, lettuce, tomato and aioli and served with chips	19.90	22.90
<b>CHICKEN AND CHIPS</b> ½ roast chook, chips and your choice of sauce	19.90	22.90
<b>JERK CHICKEN WRAP</b> Oven-roasted jerk chicken, lettuce, bacon, tomato and sour cream, served with chips	19.90	22.90



### Kids Meals (Only valid for children under 12)

- BATTERED FISH
- SAUSAGES
- STEAK
- CHICKEN NUGGETS
- SPAGHETTI BOLOGNESE\*

All meals served with chips unless marked\*

### Lunch & Dinner

#### Starters

	(M)	(NM)
<b>GARLIC BREAD (V)</b>	8.90	10.90
<b>CHEESY GARLIC BREAD (V)</b>	10.90	12.90
<b>BACON AND CHEESE BREAD</b>	12.90	14.90
<b>BRUSCHETTA (V)</b> Garlic bread topped with tomatoes, Spanish onion, Danish fetta and a balsamic glaze	10.90	12.90
<b>SOUP OF THE DAY</b> Served with garlic bread <i>Ask our friendly staff for today's options</i>	9.90	11.90
<b>MUSHROOM ARANCINI (V)</b> Panko crumbed arancini, topped with roasted garlic aioli and shaved parmesan	14.90	16.90
<b>SOUTHERN STYLE CHICKEN TENDERS</b> Chicken tenders in a southern style seasoning, served with BBQ and aioli sauce	13.90	15.90
<b>BBQ GLAZED CHICKEN WINGS</b> (GFO)(DFO) Chicken wings glazed with house made BBQ sauce	16.00 24.00	19.00 27.00

#### OYSTERS



	(M)	(NM)		(M)	(NM)
<b>Natural</b>			<b>Kilpatrick</b>		
1/2 Doz	24.90	26.90	1/2 Doz	26.90	28.90
1 Doz	44.90	46.90	1 Doz	47.90	49.90

(M) 10.90 (NM) 13.90



Includes Drink + Ice Cream!

# Lunch & Dinner

## Salads

	(M)	(NM)
<b>CAESAR SALAD</b> (GFO) Crispy cos lettuce with bacon, shaved parmesan, croutons and egg, finished with caesar dressing	19.90	22.90
<b>CRISPY PORK BELLY SALAD</b> (GFO)(DFO) Crispy pork belly, wombok, capsicum, raddish, cherry tomatoes, bean sprouts, Asian greens, pickled ginger and Asian inspired dressing	23.90	26.90
<b>CHICKEN, AVO AND PINE NUT SALAD</b> (GFO)(DFO) Chicken breast, avocado, cos lettuce, pine nuts, Spanish onion, cherry tomatoes and house made vinaigrette	23.90	26.90
<b>BEEF SALAD</b> (GFO)(DFO) 250g sliced rump, capsicum, cos lettuce, cashews, Danish fetta and house made vinaigrette	26.90	29.90



### ADD TOPPER TO YOUR SALAD

Chicken Tenders | Calamari | Crispy Pork Belly  
(M) \$10.80 | (NM) \$11.80



## From the Grill

Served with chips, salad and choice of sauce

	(M)	(NM)
<b>250G RUMP STEAK</b> (DFO) (GFO)	28.90	33.90
<b>400G RUMP STEAK</b> (DFO) (GFO)	39.90	44.90
<b>300G RIB FILLET</b> (DFO) (GFO)	39.90	44.90



### ADD A TOPPER TO YOUR STEAK

(M) \$10.80 | (NM) \$11.80  
Calamari | BBQ Glazed Pork Belly  
Garlic Prawns | Onion Rings

## Sides & Sauces

	(M)	(NM)
<b>CHIPS   SALAD   MASH   SEASONAL VEGETABLES</b>	3.00	5.00
<b>SAUCES</b> (GFO) Gravy, Mushroom, Pepper, Garlic Cream	2.00	3.00



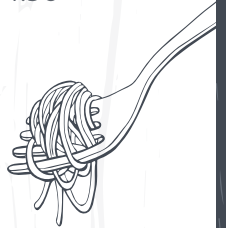
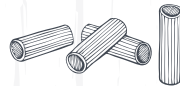
## Lunch & Dinner

	(M)	(NM)
<b>VEGETABLE STIR-FRY (V)</b>	19.90	24.90
Carrots, onion, snow peas, sugar snaps and zucchini, tossed in honey soy sauce		
With Chicken	25.90	30.90
With Prawns	26.90	31.90
<b>LEMON PEPPER CALAMARI (GFO)(DFO)</b>	24.90	29.90
Served with chips and salad		
<b>FISH AND CHIPS (GFO)(DFO)</b>	25.90	30.90
Battered or grilled mackerel, served with chips, salad, tartare sauce and lemon		
<b>BANGERS AND MASH</b>	24.90	29.90
Three thick pork sausages, with mash and your choice of sauce		
<b>ROAST OF THE DAY (GFO) (DFO)</b>	21.90	26.90
Served with seasoned roast potatoes, pumpkin, peas and gravy. <i>Ask our friendly staff for today's options</i>		
<b>CURRY OF THE DAY</b>	24.90	29.90
Served with rice and naan bread. <i>Ask our friendly staff for today's options</i>		
<b>PIE OF THE DAY</b>	19.50	24.50
Served with chips. <i>Ask our friendly staff for today's flavour</i>		
<b>LASAGNE</b>	24.90	29.90
House made beef lasagne, served with chips and salad		
<b>SPAGHETTI BOLOGNESE (DFO)</b>	21.90	26.90
Served with parmesan cheese		
<b>CHICKEN SCHNITZEL</b>	25.90	30.90
Panko crumbed chicken breast, served with chips, salad and your choice of sauce		
<b>CHICKEN PARMIGIANA</b>	27.90	32.90
Panko crumbed chicken breast, topped with Napoli sauce, ham and mozzarella, served with chips and salad		
<b>FULLER SCHNITZEL</b>	27.90	32.90
Panko crumbed chicken breast, topped with guacamole, semi-dried tomatoes and hollandaise sauce, served with chips and salad		
<b>LAMB SHANKS (GFO)</b>		
Braised lamb shank(s), served with mash and seasonal vegetables		
1 Shank	25.50	30.50
2 Shanks	32.90	37.90

# Dinner-Only

## Pasta

	(M)	(NM)
<b>GARLIC PRAWN</b> Creamy garlic prawns, served with your choice of rice or pasta	27.90	32.90
<b>PESTO</b> (VGO) Spanish onion, cherry tomatoes, spinach and broccolini, with pesto, topped with shaved parmesan	26.90	31.90
<b>SEAFOOD MARINARA</b> (DFO) Calamari, fish, prawns and mussels tossed in a tomato-based sauce	29.90	34.90



## Something Special

<b>TWICE COOKED PORK BELLY</b> Served with mash potato, honey Dutch carrots and your choice of sauce	32.00	37.00
<b>SALMON</b> Local pan-seared salmon, chat potatoes, seasonal vegetables and hollandaise sauce	33.00	38.00
<b>PORK RIBS</b> (DFO) (GFO) ½ rack of BBQ glazed pork ribs, served with chips and salad	32.00	37.00
<b>JERK CHICKEN</b> Marinated and glazed chicken thigh in jerk seasoning, served with mash and seasonal vegetables	28.00	33.00
<b>BARRAMUNDI</b> (GFO) Pan-seared local barramundi, served with mash and broccolini	33.00	38.00

### KEY

Members price (M), Non-members price (NM)  
Vegetarian (V), Gluten Free Option (GFO), Vegan (VGO), Dairy Free Option (DFO)

**FULLER**  
**SPORTS**  
EDMONTON

Get social  
with us!

